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Week 40: Nonviolence in Palestine



Dear Kumi Now supporter,

October 2 is the [International Day of Non-Violence](#). It is observed on the birthday of Mahatma Gandhi, leader of the Indian independence movement and pioneer of the philosophy and strategy of nonviolence.

According to the U.N. General Assembly, the day is an occasion to “disseminate the message of non-violence, including through education and public awareness.” The resolution reaffirms “the universal relevance of the principle of non-violence” and the desire “to secure a culture of peace, tolerance, understanding and non-violence.”

Join us this week as we celebrate nonviolent movements around the world. And join us this Tuesday as we look at the role of nonviolent resistance in Palestine and Israel:

Next Online Gathering



October 4: Week 40 - Nonviolence in Palestine

[Full information on the gathering is here.](#)

We will be joined by a guest who will be announced soon.

Time: Tuesday, October 4, at 6:00pm East Jerusalem, Palestine time (UTC+3) That's...

- Pacific (Seattle/Vancouver): 8am
- Central (Chicago): 10am
- Eastern (New York/Toronto): 11am
- Atlantic: 12pm
- Newfoundland: 12:30pm
- Greenwich (London): 4pm
- Central Europe (Paris/Stockholm): 5pm
- South Africa: 5pm
- Manila: 11pm
- Sydney: 1am (+1 Day)
- Auckland: 3am (+1 Day)

Zoom Meeting: <https://zoom.us/j/94679502800> (There might be a quick registration form, and please set an alarm for yourself for Tuesday.)

Remember, if you'd like to receive a reminder about the gathering an hour before it begins, please use the [registration form at the bottom of the page.](#)

This Week's Entry

Kumi Week #40: Nonviolence in Palestine

Week 40 of Kumi Now is now available [on the website](#). In the Kumi Now introductory essay "[Why Nonviolence?](#)" we discussed how each and every one of us can choose to take up nonviolent resistance to Israel's occupation of Palestine and explain why it is the effective and ethical thing to do, and how nonviolent resistance is enshrined in international law.

But we want to make clear that nonviolent resistance is not new to Palestine. It is not something that Palestinians need to be taught. For Palestine has a deep and rich history of nonviolent protests and organization. Yet the world has an image of Palestinians that focuses on rockets, suicide bombings, and stabbings. This false image is a result of (a) concerted efforts by Israel to paint a false narrative of Palestinian resistance and (b) how quickly the world's collective memory forgets Palestine's nonviolent past and (c) lack of media coverage of current nonviolent resistance efforts.

Please read the essay on this issue and the story of Aya Bsheer, a resident of Gaza. And here are some facts for you:

Understanding Nonviolence in Palestine: Just the Facts. MLK's principles of nonviolence...

- PRINCIPLE ONE: Nonviolence is a way of life for courageous people.
- PRINCIPLE TWO: Nonviolence seeks to win friendship and understanding.
- PRINCIPLE THREE: Nonviolence seeks to defeat injustice not people.
- PRINCIPLE FOUR: Nonviolence holds that suffering for a cause can educate and transform people and societies.
- PRINCIPLE FIVE: Nonviolence chooses love instead of hate.
- PRINCIPLE SIX: Nonviolence believes that the universe is on the side of justice.

Source

- Dr. Martin Luther King's principles of nonviolence were outlined in his first book, *Stride Toward Freedom* and are available in "[The King Philosophy – Nonviolence365](#)" from the **King Center**.

Learning More

- To learn more about nonviolence in general we suggest you read *How Nonviolent Struggle Works* by **Gene Sharp**, [available for free](#) from the **Albert Einstein Institution** and [Why Civil Resistance Works: The Strategic Logic of Nonviolent Conflict](#) by **Erica Chenoweth and Maria Stephan**.
- To learn about nonviolence in Palestine you should read [Popular Resistance in Palestine: A History of Hope and Empowerment](#) by **Mazin B. Qumsiyeh** and watch the [interview with him](#) from the **International Center on Nonviolent Conflict**.

To go deeper, we will be developing an extensive list of [Additional Resources](#) at the bottom of this week's entry as well as a [YouTube playlist](#) on the subject.

Once you understand the situation you'll want to get involved. Here's the Kumi Action for this week:

Kumi Action



It is time to do some self-promotion! Find a way to promote Kumi Now by speaking about it to a friend, sharing your experience doing Kumi Now with your religious community, giving a presentation on it to a class at school, and/or posting about Kumi Now on social media. You can say something like, "I believe nonviolent action is a powerful way to resist injustice and bring peace to Palestine" and share the link to our [Kumi Now website](#).

Include a link to [this page](#) of the Kumi Now website along with the hashtags #Nonviolence, #KumiNow, and #Kumi40.

You Should Know

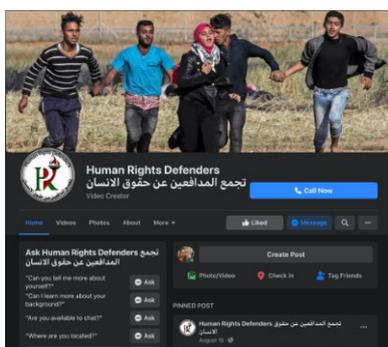
One or two people, companies, or organizations generally related to the issue of the week you should know, and how you can follow them online.



Good Shepherd Collective

The **Good Shepherd Collective** raises awareness of the violent and unjust structures operating in the Holy Land and provides educational resources and action items to effect the broad changes that will usher in peace. They understand violence to be rooted in the systems and laws that guide civil formation and order. As such, they reject the binary discourse of “Israelis vs. Palestinians” and instead focus on the structural violence and oppression that leads to violence. They organize to change the policies and laws that underpin these structures through grassroots campaigns. In this way, they advocate for the rights of all people and seek to build broad coalitions across movements to usher in a new era of justice. Though they are centered in the South Hebron Hills, their understanding of justice demands they be active across all movements as their resources and talents allow.

You can find Good Shepherd Collective on their [website](#) and follow them on [Facebook](#), [Instagram](#), [Twitter](#), and [Vimeo](#).



Human Right Defenders

Human Rights Defenders aims to document human rights violations by the Israeli occupation in Palestine. It is run out of the South Hebron Hills and is co-founded by Badia Dweik.

You can follow Human Rights Defenders on [Facebook](#) and find an article and fundraiser from Good Shepherd Collective [here](#).

Upcoming Weeks

And here's what we have coming up in October so you can plan ahead and decide how you want to be a part of Kumi Now:

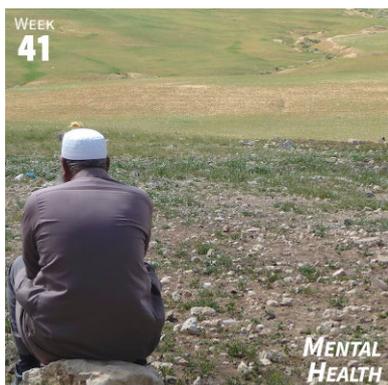
KUMI NOW ONLINE: OCTOBER, 2022

Week 40	Week 41	Week 42	Week 43
			
October 4 Nonviolence in Palestine	October 11 Mental Health	October 18 Profiting from Occupation	October 25 Women in Conflict

EVERY TUESDAY | 6PM PALESTINE TIME | KUMINOW.COM

Each week below will have an online gathering with a guest or guests speaking on the topic. The time and Zoom link are the same each week.

The weekly newsletter will always contain reminders of the upcoming online gatherings and the Zoom link. But if you're like me and need a reminder right before the sessions begin, you can [register to receive a reminder email one hour prior to each online gathering](#). And no more digging through your inbox looking for the Zoom link! Just [use the registration form at the bottom of the page](#).



October 8 to 14: Week 41 - Mental Health

[Read the full entry online.](#)

Mental health is too often a taboo subject even in the healthiest of societies. But in societies torn apart by violence or affected by constant hardship mental health can become an even more difficult subject to address. World Mental Health Day, celebrated on October 10, was founded by the World Federation of Mental Health to raise awareness of mental health issues around the globe and direct resources where they are needed. One such area is Palestine, where the constant use of tear gas, night raids, checkpoints, and other forms of psychological warfare take their toll in the West Bank and the combined injustices of the blockade of have created a society on the brink of crisis in Gaza.

For our Kumi Action we will inform mental health workers around the globe of the mental health crisis in Palestine.

October 15 to 21: Week 42 - Profiting from Occupation

[Read the full entry online.](#)

Every week, hundreds of companies and corporations are profiting off the occupation. Sadly, these profits are at the cost of the rights and livelihoods of the Palestinian



people. On October 21, 2003 the United Nations condemned the Israeli Apartheid Wall, demanding “that Israel stop and reverse the construction of the wall in the Occupied Palestinian Territory.” Building of that wall continues, and it is just one way that outside corporations are directly profiting off the occupation, aiding in its construction and flocking to the industrial zones and settlements it enables.

For our Kumi Action we will make acronyms out of the names of companies profiting from the occupation.



October 22 to 28: Week 43 - Women in Conflict

[Read the full entry online.](#)

There is a twisted irony at the intersection of war and gender: war is almost always declared and fought by men. But it is women and children that suffer much of the violence. The end of war is no different: men negotiate treaties, while the voices, needs, and expertise of women are ignored. In reality, however, women, and by extension children, bear unbelievable levels of violence and harm, especially in refugee camps, military occupations, and the ongoing crisis in Gaza.

For our Kumi Action we will hold our own vigils or contact women's organizations to see how they can help the struggle of Palestinian women.

Closing Thoughts

On Tuesday, we learned about the organization [Sidreh-Lakiya](#) and the Bedouin villages in Israel and the government's denial of their rights. You can find the stores that carry their products [here](#). And here is their [donations page](#). hereplay of the session is now available on [YouTube](#) and on [our website](#). The website includes the advocacy instructions and links shared during the gathering.

We hope to see you in the online gathering on Tuesday, after which you'll receive another newsletter next Saturday, focused on our next topic, [Mental Health](#). As always, there is more to come!

Sincerely,

The Kumi Now Team

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